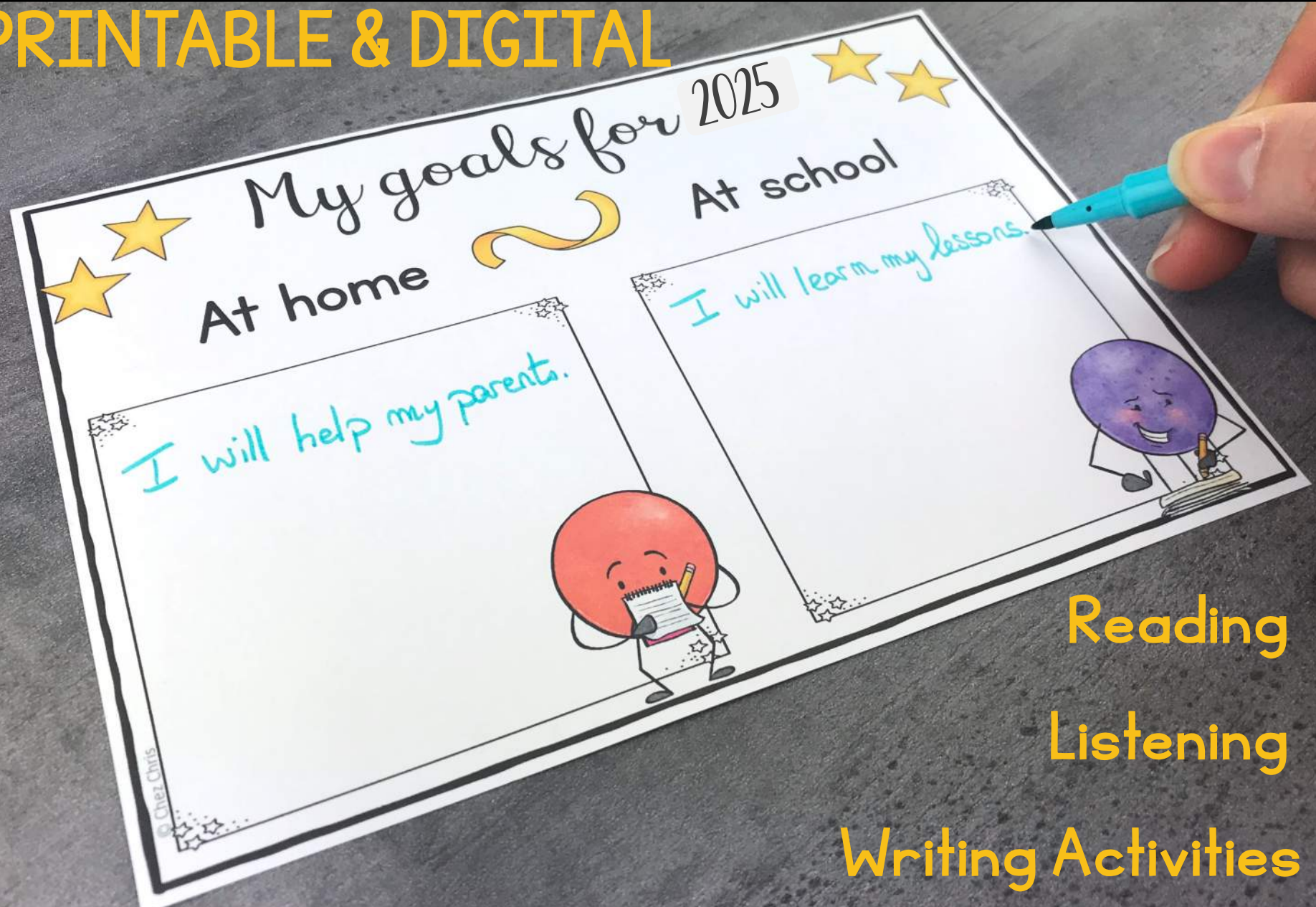


# New Year's Resolutions

PRINTABLE & DIGITAL

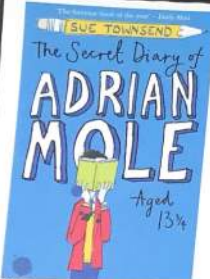


Reading  
Listening

Writing Activities



# Reading Activity




**Identify the document**

What's the title of the book ?

Who wrote it ?

When was it written ?

Who is Adrian Mole ? Can you guess ?



**Oral Task Card:**  
Present the document.

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**Thursday January 1st**  
BANK HOLIDAY IN ENGLAND, IRELAND, SCOTLAND AND WALES

These are my New Year's resolutions:

1. I will help the blind across the road.
2. I will hang my trousers up.
3. I will put the sleeves back on my records.
4. I will not start smoking.
5. I will stop squeezing my spots.
6. I will be kind to the dog.
7. I will help the poor and ignorant.
8. After hearing the disgusting noises from downstairs last night, I have also vowed never to drink alcohol.

My father got the dog drunk on cherry brandy at the party last night. If the RSPCA hear about it he could get done.

Eight days have gone by since Christmas Day but my mother still hasn't worn the green lurex apron I bought her for Christmas! She will get bathcubes next year.

Just my luck, I've got a spot on my chin for the first day of the New Year!

The Secret Diary of Adrian Mole Aged 13 3/4 - by Sue Townsend

© Chez Chris

**Adrian Mole's Resolutions**

How many resolutions does he have ? \_\_\_\_\_

Read Adrian's resolutions and select those that are essentially personal.

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

\_\_\_\_\_

Is there a resolution you might also want to make ?

\_\_\_\_\_

\_\_\_\_\_



RSPCA stands for The Royal Society for the Prevention of Cruelty to Animals

© Chez Chris


## Adrian Mole's Resolutions



# Listening Activity

+ Access to  
archives  
from 2017 to  
2019

**New Year's Resolutions  
for the New Year**



Listen to these five people. What are their resolutions ?

#1 \_\_\_\_\_

\_\_\_\_\_

#2 \_\_\_\_\_

\_\_\_\_\_

#3 \_\_\_\_\_

\_\_\_\_\_

#4 \_\_\_\_\_

\_\_\_\_\_

#5 \_\_\_\_\_

\_\_\_\_\_


Which resolution could be your own ?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_




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+ Answer  
Key  
Included

# Writing Activity

**My goals for 2025**

Set a list of 3 to 5 goals you want to achieve for 2025.



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**2025**

My goals - Things I will do this year:



My goals - Things I will try not to do this year :

to be...

© Chez Chris

**My goals for 2025**

At home ~ At school

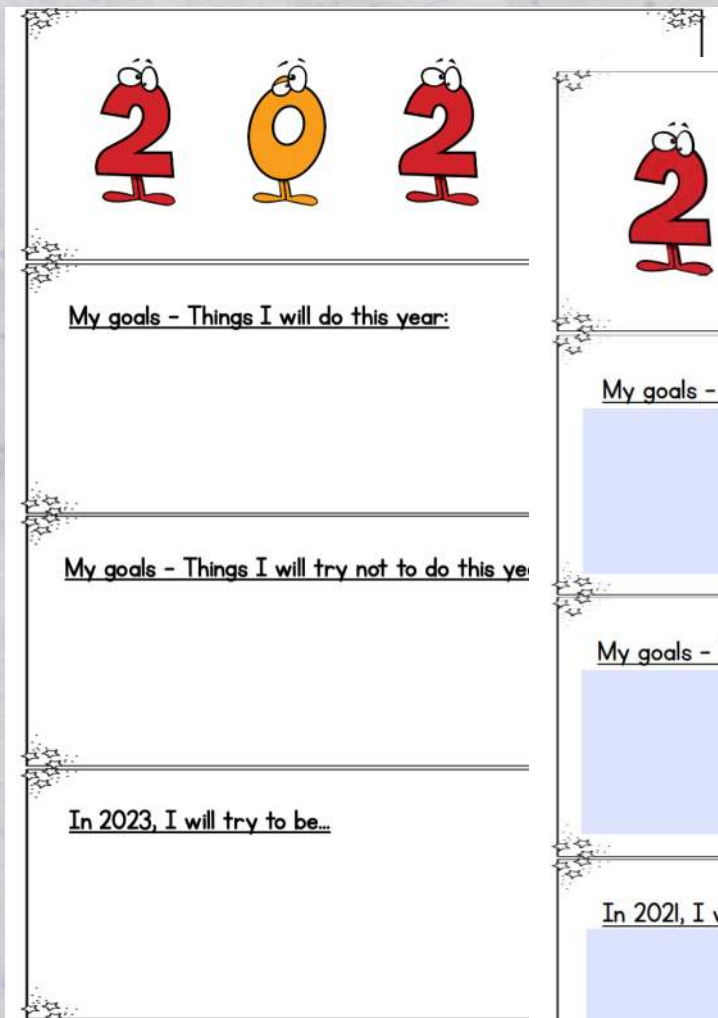


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My Goals  
for 2025



# Printable and Digital

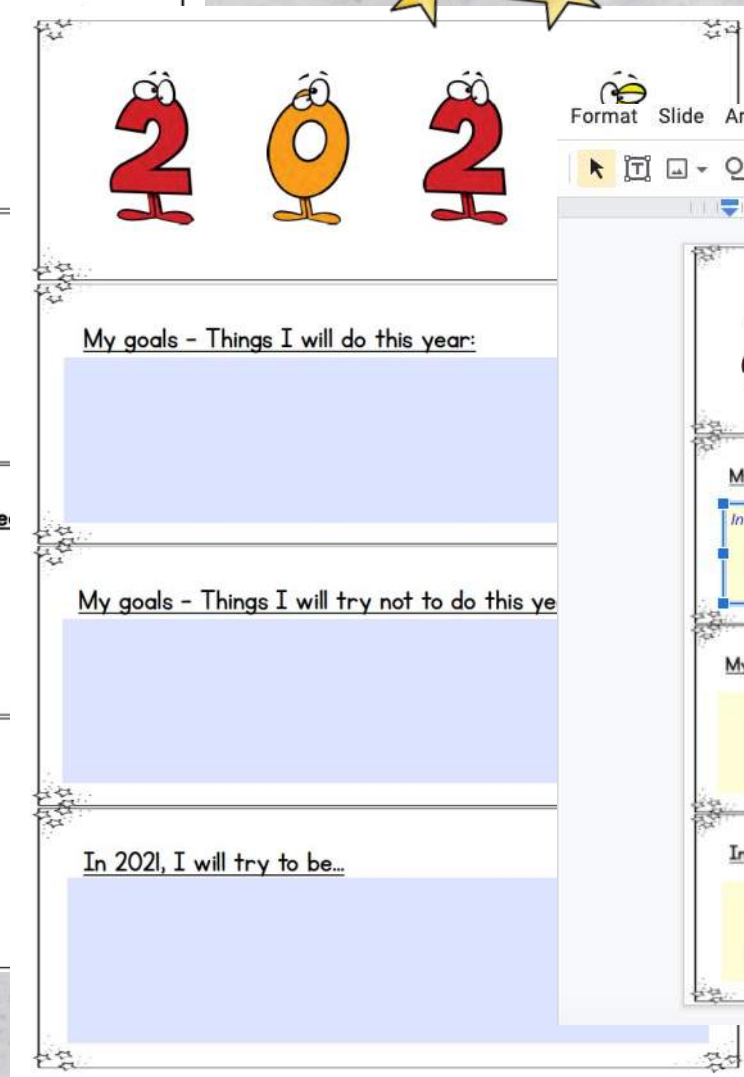


2022

My goals - Things I will do this year:

My goals - Things I will try not to do this year:

In 2022, I will try to be...

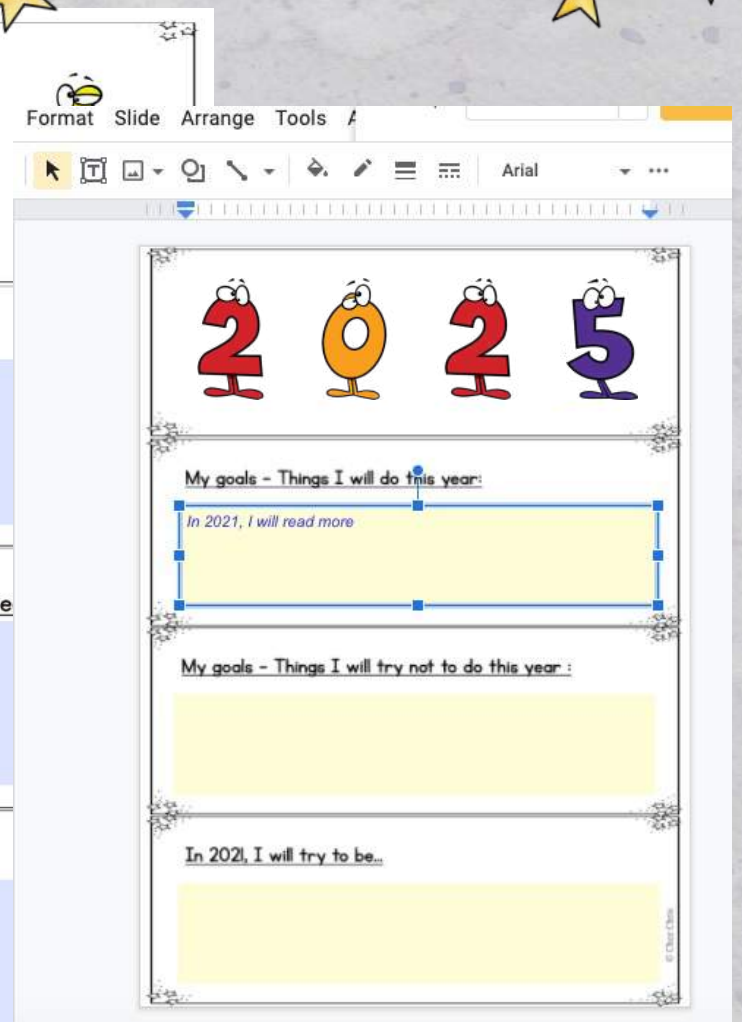


2022

My goals - Things I will do this year:

My goals - Things I will try not to do this year:

In 2022, I will try to be...



2021

My goals - Things I will do this year:

In 2021, I will read more

My goals - Things I will try not to do this year:

In 2021, I will try to be...

Printable  
Pdf

Fillable  
Pdf

Google  
Slides™

Chez Chris Resources